



**PERSONAL INJURY
ASSESSMENT SERVICES**



NOVEMBER NEWSLETTER

November already - where has 2009 gone?

We have recently re located offices, our second move in just over a year. *We must be mad!* The good news is that we have settled into a new space that allows our company to continue to grow and improve and expand the services that we provide to you.

We are here to stay! And fortunately our postal address, phone numbers, email etc all remain the same. To update your records our new street address is:

Suite 3.04
7-9 Merriwa St, Gordon, NSW 2072.
Please keep sending all correspondence to
PO Box 6172, Pymble NSW 2072.

**COST OF CARE REPORTS
A cost effective solution**

If you are running a case where your claimant only has a small claim for Future Care and the case doesn't warrant a comprehensive Care report, a cost effective alternative may be a Cost of Care Report.

All we need to prepare a short report outlining the current hourly and weekly costs of each in home service is for you to send us the medical evidence citing the need for commercial assistance (personal care, domestic assistance, home maintenance etc). Our rates are industry averages sourced from a large network of Home Care agencies and thus, are accurate and dependable.

**INFORMATION SEMINARS
Can we help you and your staff?**

Regular Professional Development sessions help our staff to stay abreast of industry trends and developments. We would welcome the opportunity to share this knowledge and insight with you and your staff by having one of our Experts present to your group at one of your own development days or staff meetings. Topics we can present include specific health or injury scenarios, injury and care assessment protocol, quality review programs and more. Please contact me directly on 1300 798 631 to discuss the options that would be most relevant and valuable for you.

USING EVIDENCE TO STRENGTHEN OUR REPORTS:

Peer Review Evidence adds weight

You may notice when reading CDC reports that our consultants do not solely recommend interventions, but also routinely incorporate the latest evidence from peer reviewed journals to validate their recommendations. This may include adding evidence about the benefits of a certain type of therapy or intervention.

Before adding in recommendations, consultants search the available literature to determine if there is high quality evidence to substantiate the application of for example, hydrotherapy for adults with chronic non-specific lower back pain. Our Consultants have access to various databases such as Medline, Cinahl, OT Seeker and Pedro where they can complete searches for recent research. The information is then added to the report to strengthen the information and provide you with a high quality report.

This practice of using research enables each report to present a clear and strong case which addresses the specific concerns and issues of the client. At our office we keep on file all of the most recent and archived available research that can be accessed by all our Experts.

CDC Services is a small business and our compact structure allows us to quickly adapt to the changing needs of our clients and the industry. We place high value on your feedback and suggestions or requests so that we can continue to improve and refine our specialist services. We will always quickly respond to your phone call or email and look forward to hearing from you.

Kind regards,

Narelle Sohler
(Practice Manager)

Helen Wood
(Clinical Director)